

# Healthy by Design: Community Health + Planning Practice



**Connecticut  
Public Health  
Association**

Promoting Public Health in Connecticut Since 1916



Join us as we explore how communities can advance strategies to improve opportunities for healthy living. Decisions regarding land use, urban design, and transportation impact local air quality, water quality and supply, traffic safety, physical activity, and other unhealthy exposures. Our presenters will talk about the relationship between health and the built environment here in CT and provide “best practice” examples of communities using land use policy to promote health. We will wrap up the day with an interactive exercise to get your input on a vision for a healthy and vibrant CT that will serve as a foundation for developing CT’s Action Plan for Promoting Health through the Built Environment.

## Opening Remarks:

**Deputy Commissioner, Katharine K. Lewis, PhD, MPH, RN**  
CT Department of Public Health

## Keynote:

**Doug McLean, AICP**  
Senior Planner, Town of South Kingstown, RI

## Panelists:

**Ted DeSantos, P.E., P.T.O.E.**  
Principal at Fuss & O’Neill Inc.

**Neil Pade, AICP**  
Town Planner, Canton, CT

**Mehul Dalal, MD, MSc, MHS**  
Director, Chronic Diseases Section, CT Department of Public Health

**Judith R. Dicine, JD**  
Supervisory Assistant State’s Attorney, Statewide Housing Matters

## When

Friday, February 13  
Breakfast at 8:30  
Event 9am-3pm

## Where

The Lyceum,  
227 Lawrence St.  
Hartford CT 06106

Lunch will be provided.  
Event is free.

## To RSVP

<http://locationandhealth.eventbrite.com>  
For Questions: [cpha@cpha.info](mailto:cpha@cpha.info)  
Please visit [www.cpha.info](http://www.cpha.info) for more info



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